

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2017 Wales Home Activity Calendar

Please note: Please verify Weekly Activity Calendars for possible changes.



1
 9:30: Storytelling – Shaw 2 Solarium
 12:00: Canada Day BBQ
 1:30: Canada Day Dance

2
 2:30: Church–Presbyterian with Ellis Clark



3
 9:00: Zootherapy – NCU's
 10:00: Stroll & Roll Club
 2:00: Bingo



4
 9:00: Exercises – N1
 10:00: Exercise Class
 10:00: Fresh Air – Norton 3
 1:00: Tuck Shop Open
 1:30: Scrabble
 2:00: Music with Jim & Alice
 6:00: Games/Cards

5
 8:00: Brunch – C & N3
 9:00: Cecil Shopping
 10:00: Current Events
 10:00: Yoga
 1:30: 500 Card Party
 6:00: Bridge

6
 9:00: Exercises – N1
 10:00: Exercise Class
 10:00: Fresh Air – Norton 2
 2:00: Let's Talk Babies.....
 6:00: Games/Cards



7
 10:00: Fresh Air – Central
 10:30: Sing-Song – N1
 1:00: Tuck Shop Open
 2:00: Carpet Bowling
 6:00: Cribbage/Cards

8
 9:30: Storytelling – Shaw 2 Solarium
 1:30: Bingo with Rhoda



9
 2:30: Church – Anglican



10
 9:00: Activity Bench – N1
 10:00: Stroll & Roll Club
 10:30-3:00: Shoe Sale
 11:00: MP3 Music – N2
 1:30: Fresh Air – N3
 6:00: Movie



11
 9:00: Exercises – N1
 10:00: Exercise Class
 10:00: Baking – N1
 1:00: Tuck Shop Open
 1:30: Scrabble
 2:00: Carpet Bowling
 6:00: Games/Cards

12
 8:00: Brunch – Norton 1
 9:00: Walks – Norton 1
 10:00: Current Events
 10:00: Big Ball – Norton 2
 11:00: Puppy Play - Central
 1:30: 500 Card Party
 2:00: Strawberry Social – Nursing Care Units
 6:00: Bridge

13
 9:00: Exercises – N1
 10:00: Exercise Class
 10:00: Baking – Norton 3
 2:00: Karaoke & Marie-Christine Farewell xxx
 6:00: Games/Cards



14
 10:00: Fresh Air – Central
 10:30: Sing-Song – N1
 11:00: Puppy Play – N2
 1:00: Tuck Shop Open
 1:30: Movie
 6:00: Cribbage/Cards

15
 9:30: Storytelling – Shaw 2 Solarium
 2-4:00: Mildred Holiday Birthday Party



16
 2:30: Church – United with Tami Spires



17
 9:00: Activity Bench – N1
 10:00: Stroll & Roll Club
 11:00: Puppy Play – N2
 2:00: Bingo



18
 9:00: Exercises – N1
 10:00: Exercise Class
 10:00: MP3 – Norton 2
 11:00: Fresh Air - Central
 1:00: Tuck Shop Open
 1:30: Scrabble
 2:00: Carpet Bowling
 6:00: Games/Cards

19
 7:30: Brunch – Main DR
 9:00: Fresh Air – Norton 1
 9:00: Cecil Shopping
 10:00: Current Events
 10:00: Fresh Air – Norton 3
 10:00: Yoga
 11:00: Chit Chat - Central
 1:30: 500 Card Party
 1:30: Bingo – Norton 1
 2:00: Birthday Tea
 6:00: Bridge

20
 10:00: Exercise Class
 2:00: Strawberry Social
 6:00: Evening Stroll



21
 10:00: Fresh Air – Central
 10:30: Sing-Song – N1
 1:00: Tuck Shop Open
 2:00: Carpet Bowling
 6:00: Cribbage/Cards

22
 9:30: Storytelling – Shaw 2 Solarium
 1:30: 500 Card Party



<p>23 2:30: Church – United with Rev. Reg</p> 	<p>24 9:00: Activity Bench – N1 10:00: Stroll & Roll Club 1:30: Fresh Air – Norton 3 2:00: Bingo 3:30: Nails – NCU's 6:30: Roxton Singers</p> 	<p>25 9:00: Exercises – N1 10:00: Exercise Class 10:45: Lunch Outing 1:00: Tuck Shop Open 1:30: Scrabble 6:00: Games/Cards</p>	<p>26 8:00: Brunch – Norton 2 9:00: Walks – Norton 1 10:00: Craft – Norton 3 10:00: Current Events 10:00: Holy Eucharist 11:00: MP3 Music - Central 1:30: 500 Card Party 1:30: Mystery Box – N1 6:00: Bridge</p>	<p>27 9:00: Exercises – N1 10:00: Exercise Class 10:00: Fresh Air – Norton 3 2:00: Parkinson's Info Afternoon 2:00: Horse Race Game – N1 6:00: Games/Cards</p> 	<p>28 10:00: Craft – Central 10:30: Sing-Song – N1 1:00: Tuck Shop Open 2:00: Ice Cream Treat with Youtube 6:00: Cribbage/Cards</p>	<p>29 9:30: Storytelling – Shaw 2 Solarium 1:30: Music with Frances and Laurent Main Living Room 2:30: Music with Frances and Laurent – NCU's</p>
<p>30 2:30: Church – Doug & Esther</p> 	<p>31 10:00: Stroll & Roll Club 2:00: Bingo</p> 					

