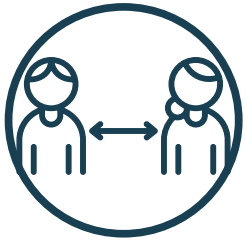


# COVID-19

## For Successful Deconfinement in Private Seniors' Residences (PSR)

Reminder for Residents and their Families

### BASIC MEASURES to be applied at all times



2 m  
(6 ft)

+



Disposable mask  
or washable  
face cover

+



Hand washing  
(Soap or hydroalcoholic  
solution for 20 seconds)

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Respiratory etiquette  
(Cough and sneeze into your elbow,  
throw away your handkerchief  
immediately after use, and wash  
your hands immediately)

If you have a fever, cough, sore throat, or other symptoms,  
stay home while waiting to be tested for COVID-19.

### INSTRUCTIONS (May 29, 2020 directive)



Visits by family  
and friends



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Indoor visits allowed  
starting on June 15  
(information to follow)

Gatherings  
outside the  
PSR

Gatherings  
only allowed  
outside the  
home (yard,  
patio, etc.)

Maximum  
of 10 persons



Outings to all  
public places

Medical appointments,  
health and social  
services, hair salons,  
shopping centres, etc.



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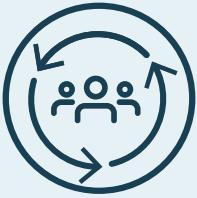
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## Transportation

*Automobiles (driver and passengers), taxi, public transit, paratransit, etc.*



## Common areas

*Cafeteria, activity room, and travel (elevator, hallway), etc.*



No exchange of items (deck of cards, book, etc.)



## My home



Reduced frequency of housework

Repair if essential to safety



## Unavoidable moving



For resident only: COVID testing necessary before

For resident only: isolation 14 days after

2 movers and 1 family member or 2 family members



## Deliveries at the residency's reception desk

*Food, groceries, goods, gifts, etc.*



Delivered to the resident's apartment after disinfection carried out by residence staff