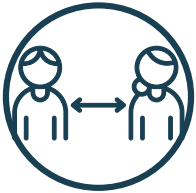


COVID-19

For Successful Deconfinement in Private Seniors' Residences (PSR)

Reminder for Residents and Their Families

BASIC MEASURES to be applied at all times



2 m
(6 ft)

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Disposable mask
or washable face
cover

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Hand washing
(Soap or hydroalcoholic
solution for 20 seconds)

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Respiratory etiquette
(Cough and sneeze into your elbow, throw
away your handkerchief immediately after
use, and wash your hands immediately)



If you have a fever, cough, sore throat, or other symptoms,
stay home while waiting to be tested for COVID-19.

INSTRUCTIONS

(June 25, 2020 directive and June 18, 2020 deconfinement plan)



These guidelines may change in an PSR as the number
of people with COVID-19 in the residence changes.
In this case, follow the instructions of the physician,
the health-care professional, and the PSR manager.



Visits by family
and friends



OUTINGS: +24 HR
AUTHORIZED

Gatherings
outside the
PSR

Gatherings
outside the PSR
limited to the
resident's
apartment

Gatherings
outside and inside
the homes of
friends, family,
and relatives

10 people
maximum
(3 households)

Recommendations: Disinfect luggage and wash clothes and belongings upon return



Care and services in the
resident's apartment

Individuals hired by the resident
or family (hairdresser, paid
companion, etc.), individuals
providing care, housekeeping,
repairs, etc.





Dining room



**ACCESSIBLE
ONLY TO
RESIDENTS**



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Maintain free meal service in the resident's apartment, if required



Common areas

*Swimming pool, activity room,
and travel (elevator, hallway),
etc.*



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No sharing of items (deck of cards, bean bag toss, book, etc.)



Outings to all public places

*Medical appointments,
health and social services,
hair salons, shopping centres,
etc.*



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Residents can use their own vehicles or other means of transportation
(taxi, public transit, paratransit, etc.)



Moving



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Maximum: 2 movers and 2 family members

COVID screening test and isolation for 14 days required only for
moves into a care unit



Deliveries

*Food, groceries,
goods, gifts, etc.*



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Delivered directly to the resident's apartment

Pick up at the PSR reception desk by the resident or a visitor